

Kaye's First & Nursery School lunchtime menu from September 2017

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Monday

Fish fingers, served with Chunky chips & garden peas

Or

Savoury meatballs with wholemeal pasta & garlic bread

Creamy rice Pudding

or

Or ginger fudge cake

Or fresh fruit or yoghurts

Tuesday

Roast Chicken served with parsley potatoes, batons & gravy

Or

Pasta bake with salad and bread selection

Fruit in jelly

Or

Lemon sponge & custard

Or fresh fruit or yoghurts

Wednesday

Homemade loaded vegetable Pizza served with oven baked potatoes & salad

Or

Cottage pie & vegetables

Chocolate slabcake or

Fruit crumble & Custard

Or

fresh fruit or yoghurts

Thursday

Meat & potato pie served with fresh seasonal vegetables & gravy

Selection of Ham, Cheese or Tuna salad with Jacket potato

A selection of sugar reduced desserts

Friday

Sausage Toad in the Hole served with roast potatoes peas sweetcorn & gravy

Or

Chilli con carne served with rice & breads

Chunky Fruit Muffin

Or

Jelly Whip

Or fresh fruit or yoghurts

2

Monday

Chicken Korma & wholegrain rice & Naan bread

Or

Salmon baked pasta with garlic bread

Syrup Sponge Pudding served with creamy custard

Or Raspberry bun

Or fresh fruit or yoghurts

Tuesday

Penne pasta with Bolognese sauce

Or

Roast Pork sandwich, stuffing & salad

Iced fairy bun

Or

Jam shortcake & custard

Or fresh fruit or yoghurts

Wednesday

Homemade sausage roll served with chunky chips & baked beans

Or

Country Chicken Bake

Seasonal fruit crumble & Custard

Or

Fruit & Jelly

Or fresh fruit or yoghurts

Thursday

Chilli Chicken Fajitas served with rice & salad

Or

Quiche served with salad & jacket potato

A selection of sugar reduced desserts

Friday

Fish Goujons served with oven baked wedges & garden peas

Or

Double Pizza served with salad

Sticky toffee pudding & custard

Or

Ice cream medley

Or fresh fruit & Yoghurts